

**2005 IndoorTrack & Field Developmental Series**  
**USATF Adirondack & University at Albany - #4**  
**University at Albany, Albany NY - 3/6/2005**  
**Results**

**Event 1 Women 13-19 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 196 Wegman, Roxanne	17 Delmar, NY	10:38.13	10:38.13 78.04%
2 407 Seguine, Brina	15 Rensselaer, NY	10:53.50	10:53.50 76.21%
3 131 Marrero, Evelyn	14 Amsterdam, NY	12:40.56	12:40.56 65.48%

**Event 1 Women 20-29 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
2 317 Amyot, Jenn	24 Wyantskill, NY	12:03.10	12:03.10 68.87%

**Event 1 Boys 12&U 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 111 Gilchrist, Andy	12 Cropseyville, NY	12:46.91	12:46.91 58.54%

**Event 1 Men 13-19 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 414 Kopecki, Mark	17 Niskayuna, NY	9:34.82	9:34.82 78.10%
2 309 Geist, Kris	18 East Berne, NY	9:39.79	9:39.79 77.43%
3 409 Durkin, Tim	18 Castleton, NY	10:03.41	10:03.41 74.40%

**Event 1 Men 20-29 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 413 Mallett, Matt	29 Saratoga Springs, N	9:33.03	9:33.03 86.91%
1 189 Morgan, Ryan	26 Castleton, NY	10:35.48	10:35.48 70.65%

**Event 1 Men 40-49 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 415 Constantine, Tom	42 Niskayuna, NY	10:19.54	9:44.66 76.79%
2 416 Gilchrist Sr, Andr	41 Cropseyville, NY	12:59.48	12:20.98 60.59%

**Event 2 Men 13-19 55 Meter Hurdles**

Name	Age Team	Finals	Age-Grading Points
1 403 Tamul, Mike	17 Scotia, NY	8.80	8.80 77.84%
2 404 Cameron, Russell	16 Ballston Lake, NY	9.14	9.14 74.95%

**Event 2 Men 20-29 55 Meter Hurdles**

Name	Age Team	Finals	Age-Grading Points
1 121 Vives, Andres	20 Clifton Park, NY	8.11	8.11 84.46%

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**Event 2 Men 50-59 55 Meter Hurdles**

Name	Age Team	Finals	Age-Grading Points
1 405 Cameron, Rondald	52 Ballston Lake, NY	11.71	10.08 67.98%

**Event 3 Women 13-19 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 423 VanHall, Isabel	14 Schuylerville, NY	8.31	8.31 77.38%

**Event 3 Women 20-29 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 226 Ewing, Latrice	21 Albany, NY	7.84	7.84 82.02%

**Event 3 Women 50-59 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 210 VonMaltzahn, Hille	56 Troy, NY	8.87	7.44 86.47%

**Event 3 Boys 12&U 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 419 Handley-Miner, Isa	12 Middle Grove, NY	8.86	8.86 67.72%
2 120 Malerk, Nathan	10 Niskayuna, NY	9.35	9.35 64.17%
3 119 Malerk, William	7 Niskayuna, NY	11.21	11.21 53.52%

**Event 3 Men 13-19 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 428 John-Bastite, Jean	19 Albany, NY	7.01	7.01 85.59%
2 420 Porter, Abraham	18 Saratoga Springs, N	7.37	7.37 81.41%
3 16 Dittus, Cruise	13 Cleverdale, NY	8.06	8.06 74.44%

**Event 3 Men 20-29 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 221 English, Nelson	20 Guilderland, NY	6.65	6.65 90.23%
2 149 Smith, Rikardo	22 Albany, NY	6.76	6.76 88.76%
3 121 Vives, Andres	20 Clifton Park, NY	6.78	6.78 88.50%

**Event 3 Men 40-49 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 42 Patane, Daniel	44 Greenwich, NY	7.38	6.87 87.40%
2 21 Murphy, Dave	40 Latham, NY	7.73	7.39 81.24%

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**Event 3 Men 50-59 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 425 Brooks, John	50 Poughkeepsie, NY	7.32	6.55 91.67%
2 422 Fortunato, Mike	52 Greenwich, NY	7.67	6.78 88.66%
3 265 Davis, Bob	58 albany, NY	7.71	6.54 91.83%

**Event 3 Men 60-69 55 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 411 Gansle, Paul	62 Albany, NY	8.21	6.77 88.67%
2 150 Rappazzo, Dominic	63 Albany, NY	8.36	6.84 87.80%

**Event 5 Girls 12&U 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 117 Robert, Sarah Mae	12 Hartford, NY	2:55.84	2:55.84 45.46%

**Event 5 Women 13-19 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 424 Schickner, Lindsey	17 Norwich, VT	1:47.39	1:47.39 74.44%
2 346 DeAprix, Kelly	15 Scotia, NY	1:55.17	1:55.17 69.41%
3 131 Marrero, Evelyn	14 Amsterdam, NY	2:01.21	2:01.21 65.95%
4 116 Danks, Lucy	13 Saratoga Springs, N	2:28.71	2:28.71 53.76%

**Event 5 Men 13-19 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 414 Kopecki, Mark	17 Niskayuna, NY	1:33.08	1:33.08 77.45%
2 143 DeRusso, Travis	17 East Byrnes, NY	1:33.09	1:33.09 77.44%

**Event 5 Men 20-29 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 289 Jenkins, Nathan	26 Ballston Spa, NY	1:34.96	1:34.96 75.92%

**Event 5 Men 30-39 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 139 Gobel, Zachary	36 Clifton Park, NY	1:34.06	1:30.59 79.58%

**Event 5 Men 40-49 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 151 Staley, Derrick	46 Ballston Spa, NY	1:34.80	1:25.14 84.68%

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**Event 5 Men 60-69 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 150 Rappazzo, Dominic	63 Albany, NY	1:57.47	1:31.41 78.87%
2 282 Tetherly, Jonathan	60 Chicopee, MA	1:57.69	1:34.27 76.47%
3 235 Skinner, Kenneth	64 Albany, NY	1:59.29	1:31.91 78.44%

**Event 5 Men 70+ 600 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 6 Hettrich, Peter	70 Ballston Spa, NY	2:14.26	1:36.90 74.40%

**Event 6 Women 13-19 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 131 Marrero, Evelyn	14 Amsterdam, NY	50.48	50.48 67.77%
2 423 VanHall, Isabel	14 Schuylerville, NY	50.85	50.85 67.28%

**Event 6 Women 50-59 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 210 VonMaltzahn, Hille	56 Troy, NY	51.63	42.19 81.10%

**Event 6 Boys 12&U 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 419 Handley-Miner, Isa	12 Middle Grove, NY	55.11	55.11 56.11%

**Event 6 Men 13-19 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 421 Capalbo, Anthony	14 Schuylerville, NY	40.09	40.09 77.13%
2 428 John-Bastite, Jean	19 Albany, NY	40.84	40.84 75.71%
3 420 Porter, Abraham	18 Saratoga Springs, N	43.10	43.10 71.74%
4 17 Secor, Sean	14 Castleton, NY	49.61	49.61 62.33%
5 16 Dittus, Cruise	13 Cleverdale, NY	52.55	52.55 58.84%

**Event 6 Men 20-29 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 221 English, Nelson	20 Guilderland, NY	39.16	39.16 78.96%

**Event 6 Men 40-49 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 42 Patane, Daniel	44 Greenwich, NY	43.10	39.57 78.17%
2 236 Giglio, Jim	42 Albany, NY	47.15	43.89 70.46%

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**Event 6 Men 50-59 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 425 Brooks, John	50 Poughkeepsie, NY	42.73	37.59 82.28%

**Event 6 Men 60-69 300 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
1 411 Gansle, Paul	62 Albany, NY	47.91	38.38 80.59%

**Event 8 Girls 12&U 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 117 Robert, Sarah Mae	12 Hartford, NY	9:09.08	9:09.08 41.97%

**Event 8 Women 13-19 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 346 DeAprix, Kelly	15 Scotia, NY	6:16.12	6:16.12 61.27%

**Event 8 Women 20-29 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 266 Bednarek, Rebecca	27 Amsterdam, NY	5:37.86	5:37.86 68.21%

**Event 8 Men 13-19 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 404 Cameron, Russell	16 Ballston Lake, NY	5:05.49	5:05.49 67.43%
2 403 Tamul, Mike	17 Scotia, NY	5:11.92	5:11.92 66.04%
3 19 Oglesby, Mackenzie	14 Schodack Landing, N	5:18.94	5:18.94 64.59%
4 349 Giglio, Sammy	14 Albany, NY	6:16.38	6:16.38 54.73%
5 319 Smith, Ben	13 Saratoga Springs, N	7:04.45	7:04.45 48.53%

**Event 8 Men 20-29 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 427 Capano, Collin	22 Corinth, NY	4:24.42	4:24.42 77.91%
2 289 Jenkins, Nathan	26 Ballston Spa, NY	5:09.81	5:09.81 66.49%

**Event 8 Men 30-39 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 139 Gobel, Zachary	36 Clifton Park, NY	4:47.08	4:40.63 73.41%
2 24 VanEss, James	33 Castleton, NY	5:38.62	5:38.62 60.84%

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**Event 8 Men 40-49 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 151 Staley, Derrick	46 Ballston Spa, NY	4:47.67	4:15.08 80.76%
2 123 Juliano, Jim	45 Kingston, NY	4:56.14	4:24.96 77.75%

**Event 8 Men 60-69 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 282 Tetherly, Jonathan	60 Chicopee, MA	6:01.29	4:43.44 72.68%

**Event 9 Mixed 4x200 Meter Relay**

Team	Finals	Points
1 Fortunato 'A'	2:05.12	
2 Patane 'A'	2:10.23	

**Event 11 Girls 12&U Long Jump**

Name	Age Team	Finals	Age-Grading Points
-- 117 Robert, Sarah Mae	12 Hartford, NY	FOUL	

**Event 11 Women 13-19 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 193 Mosher, Reenie	17 Castleton, NY	4.49m	4.49m 59.71%
2 423 VanHall, Isabel	14 Schuylerville, NY	3.68m	3.68m 48.94%
3 116 Danks, Lucy	13 Saratoga Springs, N	3.48m	3.48m 46.28%
4 346 DeAprix, Kelly	15 Scotia, NY	3.21m	3.21m 42.69%

**Event 11 Women 50-59 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 210 VonMaltzahn, Hille	56 Troy, NY	3.98m	5.46m 72.63%

**Event 11 Boys 12&U Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 419 Handley-Miner, Isa	12 Middle Grove, NY	3.61m	3.61m 40.34%

**Event 11 Men 13-19 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 404 Cameron, Russell	16 Ballston Lake, NY	5.31m	5.31m 59.33%
2 421 Capalbo, Anthony	14 Schuylerville, NY	5.24m	5.24m 58.55%
3 403 Tamul, Mike	17 Scotia, NY	5.18m	5.18m 57.88%
4 319 Smith, Ben	13 Saratoga Springs, N	3.36m	3.36m 37.54%

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**Event 11 Men 20-29 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 221 English, Nelson	20 Guilderland, NY	6.44m	6.44m 71.96%
2 267 Bednarek, Pete	26 Amsterdam, NY	5.56m	5.56m 62.12%

**Event 11 Men 40-49 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 20 Choppa, Rick	45 Latham, NY	5.42m	6.38m 71.41%

**Event 11 Men 50-59 Long Jump**

Name	Age Team	Finals	Age-Grading Points
1 405 Cameron, Rondald	52 Ballston Lake, NY	4.14m	5.33m 59.65%

**Event 12 Women 20-29 Triple Jump**

Name	Age Team	Finals	Age-Grading Points
1 226 Ewing, Latrice	21 Albany, NY	10.46m	10.46m 69.27%

**Event 12 Women 50-59 Triple Jump**

Name	Age Team	Finals	Age-Grading Points
1 210 VonMaltzahn, Hille	56 Troy, NY	7.64m	11.00m 72.83%

**Event 12 Men 20-29 Triple Jump**

Name	Age Team	Finals	Age-Grading Points
1 267 Bednarek, Pete	26 Amsterdam, NY	12.44m	12.44m 69.23%
2 121 Vives, Andres	20 Clifton Park, NY	11.98m	11.98m 66.67%
3 306 Sullivan, Joe	26 Albany, NY	11.83m	11.83m 65.83%
-- 426 Darlington, Kris	25 Albany, NY	FOUL	

**Event 12 Men 50-59 Triple Jump**

Name	Age Team	Finals	Age-Grading Points
1 32 Clark, Jim	50 Salissurymills, NY	10.71m	13.34m 74.22%

**Event 13 Women 50-59 High Jump**

Name	Age Team	Finals	Age-Grading Points
1 210 VonMaltzahn, Hille	56 Troy, NY	1.25m	1.68m 80.65%

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**Event 13 Men 13-19 High Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 328 Hitchcock, Joey	19	Unattached	1.90m	1.90m	77.55%
2 404 Cameron, Russell	16	Ballston Lake, NY	1.80m	1.80m	73.47%
3 403 Tamul, Mike	17	Scotia, NY	1.52m	1.52m	62.04%

**Event 13 Men 20-29 High Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 267 Bednarek, Pete	26	Amsterdam, NY	1.80m	1.80m	73.47%
2 306 Sullivan, Joe	26	Albany, NY	1.70m	1.70m	69.39%

**Event 13 Men 40-49 High Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 21 Murphy, Dave	40	Latham, NY	1.65m	1.82m	74.32%

**Event 13 Men 50-59 High Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 405 Cameron, Rondald	52	Ballston Lake, NY	1.40m	1.75m	71.43%

**Event 13 Men 60-69 High Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 411 Gansle, Paul	62	Albany, NY	1.40m	1.97m	80.46%

**Event 14 Women 13-19 Shot Put**

Name	Age	Team	Finals	Age-Grading	Points
1 91 Hannay, Sarah	16	Westerlo	9.45m	9.45m	40.87%

**Event 14 Men 20-29 Shot Put**

Name	Age	Team	Finals	Age-Grading	Points
1 291 Schneeberger, Nath	27	Altamont, NY	11.85m	11.85m	51.25%

**Event 14 Men 40-49 Shot Put**

Name	Age	Team	Finals	Age-Grading	Points
1 31 Rubin, Michael	49	Pleasant Valley, NY	11.02m	16.15m	69.88%
1 133 Hannay, Scott	40	Westerlo, NY	11.97m	12.29m	53.18%

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**Event 14 Men 50-59 Shot Put**

Name	Age Team	Finals	Age-Grading Points
1 410 Costelli, George	51 Newburgh, NY	12.56m	14.72m 63.69%
2 408 Bzibziak, Ray	50 Elma, NY	10.91m	12.51m 54.12%

**Event 15 Men 20-29 Weight Throw**

Name	Age Team	Finals	Age-Grading Points
1 291 Schneeberger, Nath	27 Altamont, NY	12.98m	12.98m 50.19%

**Event 15 Men 40-49 Weight Throw**

Name	Age Team	Finals	Age-Grading Points
1 31 Rubin, Michael	49 Pleasant Valley, NY	8.15m	13.92m 59.02%
1 133 Hannay, Scott	40 Westerlo, NY	11.73m	12.83m 49.64%

**Event 15 Men 50-59 Weight Throw**

Name	Age Team	Finals	Age-Grading Points
1 408 Bzibziak, Ray	50 Elma, NY	10.84m	12.05m 46.62%
2 410 Costelli, George	51 Newburgh, NY	8.11m	9.17m 35.49%