

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - AUGUST 2, 2005

Men

<u>Open</u>		
110MH	Justin Bieber	16.4
100M	Ted Santaniello	11.2
200M	Vertis Cross	23.5
400M	Ted Santaniello	51.8
800M	Chuck Terry	2:01.0
Mile	Mike Sainato	4:40.3
Javelin	Tim Leonard	96'
Shot Put	Mike Kotary	38'1"
Discus	Jim Schendler	119'4"
High Jump	Jared Baforo	6'
Pole Vault	Kyle Jacobs	12'

Submasters

800M	Zack Gobel	2:04.8
Shot Put	Vincent Kapacciuolo	38'11"

Masters

100M	Kenn Pompey	11.7
200M	Kenn Pompey	24.9
400M	Chris Murphy	65.0
Mile	Chris Murphy	5:31.0
2 Mile	Tom Dalton	9:48.5
High Jump	Chris Kitzrow	5'4"

Seniors

110MH	Anthony Torre	18.0
100M	Anthony Torre	14.0
400M	Alan Taylor	61.5
Mile	Richard Clark	5:17.8
2 Mile	Rob Picotte	11:31.0
Shot Put	Joe Zeglen	40'7"
Discus	Joe Zeglen	115'6"

Veterans

800M	Chris Rush	2:41.5
Mile	Bob McFarland	8:04.0
Shot Put	John Sheridan	25'5"
Discus	John Sheridan	68'1"

Women

<u>Open</u>		
100MH	Anjali Nirmalan	18.6
100M	Anjali Nirmalan	13.8
200M	Lisa Daniello	28.7
400M	Lisa D'Anelio	60.6
800M	Brittany Lane	2:26.0
Mile	Nicole Blood	5:21.6
Shot Put	Heather Maffei	31'4"
Discus	Heather Maffei	103'7"
High Jump	Heather Maffei	4'8"

Submasters

800M	Jill Buff	2:43.3
Mile	Emily Bryans	5:18.0

Masters

100M	Joyce Goodrich	14.9
200M	Elaine Hickey	41.4
Mile	Joyce Goodrich	6:12.8
2 Mile	Kim Sack	15:07.3
Shot Put	Arlene Reyell	23'6"
Discus	Arlene Reyell	61'

Seniors

Mile	Cynthia Finnegan	6:43.0
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Veterans

Mile	Annie Stockman	8:05.0
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