

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - AUGUST 9, 2005

Men

Open

100M	Junior Burnett	10.9
200M	Vertis Cross	23.3
400M	Aggrey Mans	48.6
800M	Brandon Niezgod	2:03.3
Mile	Zack Predmore	4:51.0
2 Mile	Colin Niezgod	10:32.5
Shot Put	Mike Kotary	39'5"
Discus	Jim Schendther	125'

Masters

100M	Kenn Pompey	12.2
200M	Kenn Pompey	24.4
400M	Bob Healey	59.5
800M	Bill Ports	2:39.0
Mile	Tim McNamara	5:20.9
2 Mile	Bill Ports	12:28.1

Veterans

200M	Ed Taft	30.4
Mile	Bob McFarland	7:57.4
Shot Put	John Sheridan	26'9"
Discus	John Sheridan	68'

Open

100M	Kerry Verschuer	14.1
200M	Sara Schechter	29.5
400M	Alicia Crow	60.9
800M	Chelsea Trant	2:38.7
Mile	Andrea Viger	5:13.9
2 Mile	Andrea Viger	11:39.2
Shot Put	Heather Maffei	32'2"
Discus	Heather Maffei	101'2"
Javelin	Morgan Wheeler	109'10"

Masters

100M	Cathy Murphy	19.2
Mile	Ellen Predmore	6:13.7
2 Mile	Laurel Petersen	13:41.6

Submasters

400M	David Tromp	71.5
800M	David Tromp	2:42.4
Mile	Steve Clarke	4:39.9
2 Mile	David Tromp	14:22.0
Shot Put	Vincent Kapacciuolo	37'11"

Seniors

110MH	Anthony Torre	17.8
100M	Anthony Torre	13.9
800M	Dominick Rappaso	2:39.1
Mile	Paul Bennett	5:39.5
2 Mile	Paul Bennett	12:21.1
Shot Put	Joe Zeglen	41'8"
Discus	Joe Zeglen	131'8"

Women

Open

100M	Kerry Verschuer	14.1
200M	Sara Schechter	29.5
400M	Alicia Crow	60.9
800M	Chelsea Trant	2:38.7
Mile	Andrea Viger	5:13.9
2 Mile	Andrea Viger	11:39.2
Shot Put	Heather Maffei	32'2"
Discus	Heather Maffei	101'2"
Javelin	Morgan Wheeler	109'10"

Masters

100M	Cathy Murphy	19.2
Mile	Ellen Predmore	6:13.7
2 Mile	Laurel Petersen	13:41.6

Submasters

400M	Kari Gathen	71.5
800M	Kari Gathen	2:48.0
Mile	Emily Bryans	5:15.2
2 Mile	Kari Gathen	12:09.0

Seniors

100M	Maryann Schrader	20.4
2 Mile	Cynthia Finnegan	14:14.2