

GRENO INDUSTRIES INC.

PRECISION MACHINING

Run for the

All proceeds benefit the
Mollie Wilmot Radiation Oncology
Center of Saratoga Hospital



Sunday, October 3, 2010

at 11:00 a.m.

Children's Event at 10:15 a.m.

Application Fee: \$20 pre-registration by **September 24** or \$25 after that date and on race day.

Description: 5K Run and Community Walk with separate kids' event in the historic Saratoga Flat Track. The first 400 registrants are guaranteed a T-shirt. Music, refreshments and fun for the whole family.

Day of Race Registration: 9:00 am at the Grandstand, Historic Saratoga Flat Track, Union Avenue, Saratoga Springs.

Course: 5K loop through beautiful, historic Saratoga Flat Track Grounds.

Awards: Prizes and awards will be given to the overall top three male and female runners. Special "ROC" awards for the top three male and female in each age group.

Application for Annual Run for the ROC

Name _____ Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____ Date of birth ____ / ____ / ____ Age _____

Sex F M Runner Walker

Corporate Team? Yes No _____
(See Event Website for complete details.) Name of Organization or Business

How did you find out about this event? Website E-mail Magazine Newspaper
 TV Radio Other

Make checks payable to: **Saratoga Hospital Foundation**
(\$20 per participant by September 24, or \$25 after that date)

Send application and check to:
Saratoga Hospital Foundation/Run for the ROC
211 Church Street
Saratoga Springs, NY 12866

Separate Kid's Event
"Li'l Derby Dash!"
@ 10:15 a.m. is FREE!
Race Day registration only.
Medals & Goodie Bags
for all kids!

For more information e-mail: rwheatley@saratogacare.org or visit www.saratogahospitalfoundation.org



Early Race Packet Pickup on Friday, October 1, 4-7 p.m.
at Mollie Wilmot Radiation Oncology Center, 211 Church Street, Saratoga Springs



*In consideration of acceptance by the sponsors of my application to participate in the Annual Run for the ROC race, I hereby record my recognition that participation in said race is undertaken at my own risk. I hereby release the sponsors and landowners from any and all liability or responsibility owing to or on account of any injury or physical illness which may occur attributable to my participation in said race. I am physically fit. **No pets, wheelchairs, motorized vehicles, scooters, bikes or rollerblades, please!***

Participant's Signature

Parent/Guardian Signature (if under 18)