



It's Baaack!!

- The First Open Track & Field Series in the Northeastern United States.
- A Track & Field Series for All Ages and Levels of Competition.
- Fully Automatic Timing (FAT).
- Individual Awards for the Top 4 Finishers in Every Event.
- Meets will be Scored and Series Records will be Kept.
- Trophies are given to the Top 3 Officially Registered USATF, AAU, Collegiate or Scholastic Teams.

Official Event Sponsors

To Register:

- Log on to www.EmpireLibertyTour.com
- Complete Online Registration Form, or Download Registration Form, and send to the address on the back of this form with check or money order.
- For Team Registration, You must download the Team Registration Form and Fax to our office at (518) 877-0929.



Sears

presents...

2009

Track and Field Series



Getting YOU Back on Track



4 Manor Court
Ballston Lake, NY 12019
Phone: (518) 877-0927
Fax: (518) 877-0929

E-Mail: LMGroup@nycap.rr.com
Website: www.EmpireLibertyTour.com

Proud Supporter
of the 2009
Empire State
Liberty Tour:



Schedule Of Events

Track Events

4 x 800 Meter Relay
5000 Meter Run
80 Meter Hurdles
100 Meter Hurdles
110 Meter Hurdles
3000 Meter Run
800 Meter Run
100 Meter Dash
400 Meter Hurdles
200 Meter Hurdles
1500 Meter Race Walk
400 Meter Dash
1500 Meter Run
200 Meter Dash
Steeplechase
4x100 Meter Relay
4x400 Meter Relay

Field Events

Long Jump
High Jump
Shot Put
Discus Throw
Pole Vault
Turbo Javelin
Javelin Throw
Triple Jump

NOTES: Events listed above are only for sample purposes! For a detailed description of events offered for each individual meet, please check the "Event Schedule" link on the website at www.EmpireLibertyTour.com. All relay teams must be members of a registered 2009 USATF or AAU Track & Field Club, or a Scholastic or Collegiate Team.

Tour Schedule

Patriot's Invitational

Saturday, May 23rd (4:30 PM)
Saratoga High School



Constitution Classic

Saturday, June 6th (10:00 AM)
Averill Park High School



President's Open / State Trials

Saturday, June 13th Combined Events (2:00 PM)
Sunday, June 14th Full Meet (9:00 AM)
Ichabod Crane High School



Adirondack JO Championships

Saturday, June 20th (8:30 AM)
Knox Field, Johnstown Middle School



Independence Invitational & Adirondack Open/Masters Championships

Friday, July 3rd (5:00 PM)
Bethlehem High School



Empire State Liberty Tour Track & Field Championships

Friday - Sunday, July 24th - 26th
Queensbury High School



Eligibility

The Empire State Liberty Tour is open to all youth Boys & Girls in the Junior Olympic divisions, and all Men & Women in both the Open & Masters divisions. All entrants are encouraged to have a current USATF membership, although it is not essential to be eligible for competition at some of the meets, it is necessary for all Qualifying Meets and Championship Events. Memberships will be sold at the meets for \$30.00 to Open and Master's athletes, and \$20.00 to Junior Olympic athletes with proof of birth. To apply for your USATF membership online you can visit www.usatfadir.org/membership.asp.

Entry Fees

With the addition of Qualifying Trials in all four (4) USATF Associations in NY, and the Empire State Liberty Tour Track & Field Championships, which include all Youth, Scholastic, Open, and Master's divisions, we can no longer post Entry Fees, Registration Deadlines, or Meet Eligibility in this flyer.

For more details of Registration Fees for individuals and teams, or Meet Eligibility for each of the Empire State Liberty Tour Track & Field Events, visit our Website, www.EmpireLibertyTour.com

NOTE: We are willing to accept Day of Meet Registrations when applicable, but we do not encourage the practice. **If you choose to register on the Day of Meet, there is an additional \$10.00 fee (All Qualifying Meets and Championship Events are Pre-Registered Only and Subject to Separate Fees)!**

Youth/Scholastic Divisions (YOB)

Sub Bantam:	01-02	Youth:	95-96
Bantam:	99-00	Intermediate:	93-94
Midget:	97-98	Young:	91-92

Open Division (AGE)

19 - 29

Master's Divisions (AGE)

30-34	45-49	60-64	75-79
35-39	50-54	65-69	80-84
40-44	55-59	70-74	85-89