

# **Region I USATF Junior Olympics Track and Field Championships Fitchburg State College, Fitchburg MA June 26-27-28, 2009**

## **Entries**

Birth documents or age certification stamp with association entry is required with each entry.

Athletes must submit their entry forms to their local Association Coordinator at their respective association meet.

Entries will only be accepted from the Association Coordinator.

No entry on site. Associations should submit both a Hy-Tek complete meet back-up file and an advancer file to both the New England office and the Regional Coordinator immediately after their meet. Please use HyTek MM 2.0.

There are NO Sub-Bantam events at Region I.

**Meet Director:** USATF New England office, Steve Vaitones (617) 566-7600

**Site Director:** Jim Jellison, head coach, Fitchburg State College

## **Entry Fees:**

\$7 per individual event, \$15 for Triathlon/Pentathlon, \$20 for Heptathlon/Decathlon, \$20 per relay.

These fees are collected at the Association meet and sent by that Association to the Region I Meet Director.

**Rules:** USATF 2009 Rule Book, with Youth amendments.

**Games Committee** – Tom Petranoff, Ken Robichaud, Jim Jellison

**July of Appeals** – One representative from each Region I association.

**Weigh In:** Implements will be weighed and measured one hour before the first scheduled field event each day of competition.

**Protest:** Written protests, citing the appropriate rule, must be submitted to the Referee or referee table within 30 minutes of the close of the specific event. Should the matter be referred to the July of Appeal, a \$25 appeal fee must accompany the appeal. The fee shall be returned if the decision is reversed.

**Medical** - Trainers will be available to deal with injuries. No preventive taping or massage. EMT is on call.

**Facilities:** Eight lane 400 meter track. Two long/triple jump runways. 1/4 inch spikes ONLY! 2 shot circles  
Javelin - Youth/Inter/Young use synthetic runway. Mini-Jav uses grass runway. Collegiate hammer/discus cage

NOTE: No field event warm-ups will be permitted without an event official present. Athletes failing to abide by this rule will be warned, and any continued violation will result in immediate disqualification from the remainder of the meet.

FinishLynx timing provided by FirstTime Out.

No locker rooms. Toilets are located adjacent to the grandstand.

## **Hotel Information:**

**There is no specific meet headquarters hotel** because of many nearby events that weekend

You should look in the Fitchburg / Leominster area, though you may need to go as far as Worcester (30 minutes) to find rooms.

## **Check-In and Number Pick-up:**

Combined Events - Friday after 1 p.m. at the track pressbox.

Track & Field events - Friday after 4 p.m at the track pressbox.

Saturday & Sunday – 7:30 a.m. to the end of meet at the track pressbox.

PLEASE REPORT ANY SCRATCHES AS SOON AS POSSIBLE!

## **Awards:**

Regional Junior Olympic medals for the top 3 in each event.

## **National Qualification and Advancement:**

The top 3 individuals and relay teams in each event qualify for Nationals in Greensboro NC July 28-Aug 2

Individuals must complete the entry process for Nationals before leaving the Region I meet.

Combined events only advance top 2 plus a third if qualifying from the current year's standard.

## **Directions:**

Fitchburg is off of US Route 2 in central Massachusetts.

See [http://www.fscfalcons.com/insideAthletics/facilities/directions\\_and\\_facilities](http://www.fscfalcons.com/insideAthletics/facilities/directions_and_facilities)

Take Interstate 91, 190 or 495 to Rte. 2 to the Rte. 12 North exit (31B). Travel north on Route 12 for 2.8 miles, then turn right immediately after Enterprise Car Rental. Turn right again, on Main St., after crossing the bridge. Take the second left onto North St. (at Dunkin' Donuts). The college is located three blocks up. Go past the college on North Street and bear right at the Y in the road before the McKay Campus School. Continue straight through the blinking light. The road is now Pearl Hill Road. The Elliot Athletic Complex is 1/8 of a mile on your right hand side. Entrance to the park is on the right.

**Check [www.usatfne.org/track](http://www.usatfne.org/track) for updates prior to the meet**

# REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS 2009

## ORDER OF EVENTS – Fitchburg State College

Times listed for events are the earliest an event will begin.

### Friday June 26, 2009

#### Multis - Implement weigh-in 1:30-3pm ONLY

2:30 PM Decathlon IB/YM 100m, LJ,SP,HJ,400m

3:00 PM Heptathlon IG/YW 100H,HJ,SP, 200m

3:30 PM Pentathlon YG/YB 100H, SP, HJ, LJ,  
1500m(B), 800m(G)

4:00 PM Pentathlon MG, MG 80H, SP, HJ, LJ,  
1500m(B), 800m(G)

4:30 PM Triathlon

BB/BG SP,HJ,400m(B), 200m(G)

### Saturday, June 27 - Track Events

9:15 AM HH SEMI MG/ MB / YG / YB

3000 m MG/MB/YG/YB

10:30 400m BG/BB/MG/MB/YG/YB

11:15 100m SEMI BG/BB/MG/MB/YG/YB

12:00 PM 3000m RW (YG/YB) all combined

4x800 (MG/YG) (MB/YB) ages combined

1:00 PM 4x100 Relay BG/BB/MG/MB/YG/YB

1500m RW (BB/BG/MG/MB) all combined

200m Hurdles YG/YB

2:00 PM 1500m BG/BB/MG/MB/YG/YB

100m FINAL BG/BB/MG/MB/YG/YB

800m BG/BB/MG/MB/YG/YB

Hurdles FINAL MG/MB/YG/YB

200m FINAL BG/BB/MG/MB/YG/YB

4x400 Relay BG/BB/MG/MB/YG/YB

### Sunday, June 28 -Track Events

9:00 AM 5000m YM

9:30 3000m RW all IG/YW/IB/YM together

10:00 400m Hurdles IG/YW/IB/YM

4x100 Relay IG/YW/IB/YM

10:45 3000m IG/YW/IB

100m SEMI IG/YW/IB/YM

4x800 (IG/YW) (IB/YM) ages combined

12:00 PM HH SEMI IG/YW/IB/YM

1500m IG/YW/IB/YM

400m IG/YW/IB/YM

100m FINAL IG/YW/IB/YM

2000 SC (IB/YM)/(IG/YW) ages combined

HH FINAL IG/YW/IB/YM

800m IG/YW/IB/YM

200m FINAL IG/YW/IB/YM

4x400 Relay IG/YW/IB/YM

### Division Year of Birth/ Abbreviation

Bantam Boys & Girls 1999 & Later BB, BG

Midget Boys & Girls 1997/1998 MB, MB

Youth Boys & Girls 1995/1996 YB,YG

Intermediate Boys & Girls 1993/1994 IB, IG

Young Men & Women 1991/1992 YM, YW

And born after August 2, 1990

### Implement Weigh-in begins at 8:00 a.m. Sat/Sun

### Saturday June 27, 2009

#### Multis

9:00 AM Decathlon IB/YM 110H, DT, PV, JT, 1500M

9:00 AM Heptathlon IG/YM LJ, JT, 800M

### Saturday, June 27 - Field Events

9:30 AM SP YG/MG/BG (2 circles – boys / girls)

SP YB/MB/BB

HJ MG/MB/BG/BB/YG/YB

TJ YG/YB (one pit)

10:30 AM DT YG/YB/MG/MB

10:30 AM Mini Jav BG/BB/MG/MB (grass field, 2 sectors)

11:00 PM LJ MG/MB/BG/BB/YG/YB

2 pits - 1 girls 1 boys

12:00 PM PV YG/YB

2:00 PM JT YG/YB

### Sunday, June 28 - Field Events

9:30 AM SP YW/YM/IB/IG (2 circles – boys/girls)

HJ IB/IG/YW/YM

TJ YW/YM/IG/IB (2 Pits- girls/boys)

Hammer IB/YM then IG/YW

11:00 AM DT YW/YM/IG/IB

11:00 AM PV (IG/YW) followed by (IB/YM)

11:30AM LJ YW/YM/IG/IB (follows TJ) (2 pits)

1:30 PM JT IG/YM/YW/IB (1 runway)

### \*\*\*\*\* Semi Final Races \*\*\*\*\*

**If only 8 report in the 100 and short hurdles, those races will be run as a final at the Semi-final time!!**

Please listen for any announcements of changes.

Athletes are responsible for reporting on time.

No one will be permitted in the competition area unless they are competing at the time.

All athletes must check in with the clerk.

A coach, parent, or teammate may assist in getting mark for HJ and PV and then must leave the area.

No electronic devices of any kind- phones, audio, video players – allowed in the competition area  
THAT INCLUDES THE ENTIRE INFIELD.